

PASÉA
HOTEL & SPA™

GET LOST INTO THE BLUE

FITNESS AND WELLNESS



01



TRI-FITNESS TRANQUILITY BIKE + JOG + BEACH YOGA & MEDITATION

\$130PP + 20% SERVICE FEE

- Wake up and SEAS the day with a 2-mile cycle along the seaside Huntington Beach bike path.
- Dismount and continue on for a .5-mile jog to reach your beach yoga oasis.
- Stretch out and let go with a one hour yoga and meditation session with gorgeous views of the Pacific Ocean.

02

CRYSTAL BOWL SOUND BATH

\$75PP + 20% SERVICE FEE | \$500 MINIMUM FEE



Lie down, relax and let go as chimes, gongs, and musical bowls immerse you in beautiful healing sound. Allow the addition of aromatherapy to take you into complete relaxation and bliss.

03

YOGA

\$30PP + 20% SERVICE FEE | \$500 MINIMUM FEE

When is the last time you allowed yourself to truly detach and let go of all your worries and stress? Breathe, stretch, and flow with us as you're guided into a series of postures aimed at stretching, lengthening, strengthening and complete relaxation.



Location choices:

- Ocean Lawn: Get your daily dose of Vitamin Sea as we stretch and flow with panoramic views of the Pacific Ocean
- Candlelight (indoor session): Sink into tranquility surrounded by the soft glow of candlelight and soothing melodies.
- Beach Yoga: Join us out on the sand for the quintessential Huntington Beach experience. Allow your breath to flow to the song of the crashing waves.

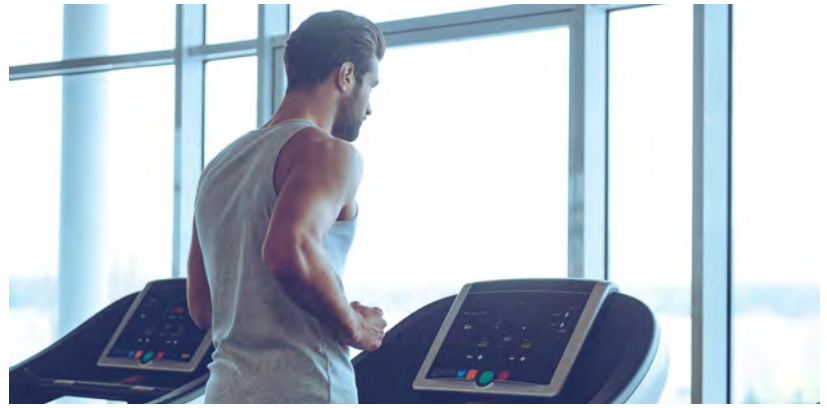
(additional \$600 for city event permit)

04

CANDLELIGHT MEDITATION

\$30PP + 20% SERVICE FEE | \$500 MINIMUM FEE

Experience the life changing benefits of a meditation practice that can include deep relaxation, increased concentration, memory retention, and reduced muscle tension and lower stress. Join us for a soothing guided session by candlelight that will utilize breath and visualization leaving you centered, relaxed and refreshed.



05

FIT AND FABULOUS

Get your heart rate pumping to the beat of the music with fitness classes taught by world class guest instructors! Choose from a variety of private classes including:

- Cardio Blast
- Best Arms or Abs Ever
- Pilates Power
- H.I.T. Full Body Conditioning
- Cardio Dance Fusion

06

VOLLEYBALL TOURNAMENT

\$75PP + 20% SERVICE FEE



Get ready to hit the sand! Soak up the SoCal sunshine on your own private volleyball court right in front of Paséa Hotel & Spa, complete with a water station and referee. Connect with the true California beach culture as you hit, spike, and dive into the sand—taking your team to the top!



07

HB BIKE TOUR

\$110PP + 20% SERVICE FEE

Check out Huntington Beach on wheels! Join us for a guided tour as we cruise through the town learning all about the history of Surf City. Cycle by the world-famous Huntington Beach Pier and take a pit stop at the International Surf Museum. Wave to the pups as we pass by the HB dog beach and make our way up to the Bolsa Chica Ecological Reserve. Keep an eye out for a Peregrine Falcon or White-Faced Ibis as you learn wabout the coastal wetland and local protected species.

08



SURF LESSONS

PROGRAM TIMES AND PRICING WILL VARY

Play like a native, with Surf City's favorite past-time. One of the best ways to soak up the sun and enjoy the California experience!

Activity Notes: We suggest wearing comfortable swimwear. This can be a challenging activity and you must be a proficient swimmer. Participants must be 8 years or older. You will get wet, but we'll keep you warm, as wet suits will be provided.

11 BUILD YOUR OWN ULTIMATE GIRLS DAY

PLEASE CONTACT FOR A CONSULTATION AND PRICING

Let us pamper you for the entire day having you looking and feeling your best self. Gather your girls whether you're celebrating a bachelorette party, birthday, or you're simply in need of some well-deserved pampering. Sink into the Balinese oasis at Aarna spa as you begin your day with a relaxing massage or facial. Enjoy the eucalyptus steam room, dry sauna, and saltwater whirlpool complete with a glass of bubbly and a healthy lunch in the tranquility garden. The rest of the day...you choose your own adventure! We'll do the work and you can sit back and relax.

PIER POWER WALK AND STRETCH

PLEASE CONTACT FOR PRICING

Experience the town like a local as we rise and shine and kick start the day! Take an invigorating power walk in the morning beach air to the historical Huntington Beach pier. Check out the world-famous surf culture as we take our stroll all the way to the end of the pier as the waves tumble and crash beneath us. Complete your walk with a guided stretch, the perfect way to start your day!

09

10

APOTHECARY WORKSHOP

\$75PP + 20% SERVICE FEE

Exfoliation is the key to smooth skin. Combining sea salt or sugar with essential oils create customized aromatherapy to soothe and uplift the mind. A poultice filled with ingredients like chamomile, lavender and calendula may also be used for exfoliation, lymphatic stimulation, and aromatherapy. A vastly trained licensed therapist will conduct this interactive hands-on fun workshop.



Options include (choose 2 or more):

- Wine or bubbly tasting in Aarna spa garden with fruit and cheese platter
- Private seaside yoga class
- Couture nail treatments
- Blowouts and styling
- Makeup application tutorial
- Private cooking class
- Cocktail mixology class
- Private crystal bowl sound healing with cooling eye treatment in Aarna Spa
- Create your own essential oil blend class
- Professional photoshoot with your girls for memories that will last a lifetime!

PASÉA
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TEAM BUILDING

GET LOST INTO THE BLUE



01



03 HB PHOTO SCAVENGER HUNT

\$125PP + 20% SERVICE FEE



Bring out your inner photographer and discover Huntington Beach through the lens. You will experience HB in a whole new way as you scour the town for a list of quintessential HB items. Take a photo with a surfer dude (or dudette), snap a pic of a skater, photograph one of your friends buried in the sand...but most importantly help your team be the quickest to check off all the items on your list and get back to the finish line at Paséa Hotel & Spa.

SURVIVOR: THE OC OUTBACK

\$150PP + 20% SERVICE FEE

OH NO, you are stranded on a desert island!! To survive in the wild each tribe must compete in various challenges – making survival tools, fitness tests, and obstacle courses. “Castaways” must help their tribe win tactical items each round in order to build the best shelter and avoid getting voted off the island!

02 FIESTA FACE-OFF

\$125PP + 20% SERVICE FEE

Help your team reach culinary greatness by creating your very own salsa, guacamole, and signature margaritas! Collaborate to dream up creative names and packaging for your new brands. When the time is up present your tasty treats to the judges... Paséa's very own world-renowned chefs! Once a winner is chosen, it's time to party! Enjoy your own creations and visit each table to get a real TASTE of your competition.

MIXOLOGY MADNESS

\$125PP + 20% SERVICE FEE

04



Learn the art of mixology as you shake, mix, and muddle your favorite cocktails! Now that you're the life of the party, compete with your team to create your own signature cocktail that stands out among the rest. *Cheers!*



05 BACKYARD GAME TOURNAMENT

\$75PP + 20% SERVICE FEE

It's never too late to be a kid again...Get into teams of two and join the tournament! Have fun and let loose as you play in a circuit of games like ladder ball, bocce, and Kanjam. For after dark fun, games have a glow in the dark option.

POSEIDON'S (SAND)CASTLE BUILDING CONTEST

\$75PP PLUS \$600 FOR CITY PERMIT

Poseidon is angry! Escape the wrath of the sea god by impressing him with the most remarkable castle. Break into teams and start stacking and towering a sandy fortress that will outshine the rest. Rule #1: Everyone MUST have fun!!



07 GIANT GAMES

\$500 (3 GAME PACKAGE)

Laugh, play, and compete in your favorite classic board games...SUPERSIZED! Guess Who, Kerplunk, Jenga, Scrabble, Connect Four, and Operation will take on a whole new excitement as they tower above you.



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GET LOST INTO THE BLUE

CRAFTY WORKSHOPS



01

WIRE WEAVING JEWELRY MAKING CLASS

\$75PP + 20% SERVICE FEE

Learn wire wrapping techniques from an artist and create beautiful stone pendant necklaces. Don't stop there—put your own personalized flare on wrapped sea shells, crystals, and sea glass!



02

MOSAIC MASTERPIECES

\$99PP + 20% SERVICE FEE

Tap into the funky and artistic culture of Huntington Beach by creating your own mosaic masterpiece. An instructor will guide you every step of the way to create a piece of your choice: colorful bowls, planters, plaques, and more!

03

ESSENTIAL OIL CANDLE MAKING

\$75PP + 20% SERVICE FEE

This fun activity is sure to light up the room! Personalize your handmade candle with your own essential oil blend and creative design—makes the perfect addition to your work desk, gift, or unique home décor*

Add on (\$65): Bring the beach home with you and design an ocean inspired lantern to house your candle!



04 PASÉA PICASSO

\$125PP + 20% SERVICE FEE

Ready...sip...paint! It's easy to have an unforgettable night when you're learning to paint step-by-step with one of our professional artists. Sip on a glass of wine with a view of the crashing waves and make memories that will last a lifetime.

**first glass of wine included!*



05 DRIFTWOOD STENCIL PAINTINGS

\$75PP + 20% SERVICE FEE

Get your creativity on! Distress your own "driftwood" and use stencils to craft fun and colorful beach signs.



06 TERRARIUM CREATIONS

\$99PP + 20% SERVICE FEE

Tap into your green thumb as you create your very own living terrarium. Sip champagne, party with your friends, and get your hands dirty! Our instructor will get you started with everything you need to create a beautiful succulent garden perfect for brightening up your office, home, or a friend's day.



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FUN WITH PURPOSE

GET LOST INTO THE BLUE





01 COASTAL CLEANUP

\$45PP

Today, plastic has been found in 62% of all sea birds and in 100% of sea turtle species. Have fun and make an impact by participating in a beach cleanup! It will be a cleaning frenzy as each team fills their bags and hurries to drop them off in their communal bin at the starting line. Help your team come out on top by being the first group to fill your bin to the brim!

02 COMMUNITY CARE JEOPARDY

\$120PP

Supercharge your team by changing lives! Split into teams and play an exciting round of Jeopardy. If you get the answer right your team earns the supplies to put together care packages that will make a difference for a variety of charitable causes. The harder the question the more supplies you earn! Be the team to make the most packages to take away the grand prize!

Choose 1 cause or all 5!

Homeless Community

Did you know there are over 4,792 homeless individuals in Orange County alone? And more than half are living without shelter. Stand up for a cause and help put together care packages that include nonperishable foods and basic necessities that many are lacking. These will be delivered to our homeless neighbors right here in Huntington Beach.

Furry Friends

Our furry friends need your help! Put together much needed care packages for rescue dogs and cats who have faced abuse, injury, and neglect. You will be providing food, treats, blankets, toys, leashes, collars, and vaccines that will go to our sweet local rescue dogs and cats through the ASPCA.

Add on: A visit from our rescue pups! Pet and play with the sweet pups during your game day



Veterans

Our heroes are oftentimes faced with lifelong challenges after transitioning from active duty such as homelessness, joblessness, or inability to access treatment for physical and mental health issues. Help provide support to our veterans by putting together thoughtful letters and care packages to our veterans in retirement facilities and other homes.

US Troops

Give back to our men and women overseas! Sentimental gestures can mean so much those serving in the field—you will get the opportunity to write handwritten letters, send a group photo, and package necessities like snacks, personal items, and downtime activities that will go directly to our troops.

Disaster Relief

When disaster strikes our neighbors need your help! Put together care packages of food, hygiene products, and clothing that will go directly to Red Cross to be distributed to individuals and families in need.

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CAMP PASÉA

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21030 PCH

01



CAMP PASÉA

PROGRAM TIMES AND PRICING WILL VARY

Our hotel's inlet of imagination, Camp Paséa makes family vacations in Southern California memorable. Using creative activities, science experiments and locally inspired art projects, Adventures leaders create kid friendly fun. Programs are customized based on ages and activity schedules. Dining options can be provided for an additional fee.

03

SEASIDE SUMMER GAME DAY

\$75PP

This day is all about fun in the sun. Soak up that California sea breeze while we have fun with sand castle building, water balloon tossing, 3-legged racing, obstacle courses, water games and more!



02 SANDSATIONAL HANDPRINTS

\$55PP + 20% SERVICE FEE



This beachy craft is sure to be a hit with the kids! First, we will head out on an exciting seashell hunt and gather our favorites. Next, we'll cast our handprints and shells in a sandy keepsake! (makes the perfect gift for grandma and grandpa or mom and dad's paperweight in the office).