

CANDLELIGHT YOGA SUPER FOODS

JUICE BAR

Pear and Berries

Granny Smith Apple with Ginger and Pie Spice

Beet with Kombucha and fresh squeezed Orange Juice

SUPER SMOOTHIES

Strawberry Banana with Cashew Milk and Chai Seeds

Kale and Pineapple with Coconut Milk

Very Berry with Greek Yogurt and Almond Milk

SPA TERRA
AT THE MERITAGE RESORT