

Mother's Day Shopping List

Produce:

- Strawberries - 1 lb
- 2 Radishes
- Cilantro - 1 bunch + 1/4 cup
- 1 Lime
- 3 Avocados
- 3 Heirloom Tomatoes
- 2 Lemons
- Parsley Leaves - 12 count
- 3 Cara Cara Oranges
- 1 Oro Blanco Grapefruit
- 1 Shallot
- Chives - 2 tbsp
- Baby Arugula - 4 cups
- 3 Garlic Cloves Minced
- 1 Cucumber

Proteins:

- Smoked Salmon - 2 oz
- Prawns U8-12 - 1 lb
- Eggs - 4 Whole

Dairy:

- Goat Cheese - 2 oz

Dry Essentials:

- Gluten Free Bread - 4 Slices
- Sugar - 1 tsp
- Olive Oil - 4 oz
- Dijon Mustard - 1 tsp
- Champagne Vinegar - 2 tbsp
- Brown Rice - 1 1/2 cups
- Paprika - 2 Tbsp
- Cumin - 1 Tbsp
- Ginger - 1 tsp
- Garbanzo Beans Cleaned - 1.5 cups
- Edamame Beans Shelled - 1.5 cups
- Hemp Hearts - 2 Tbsps
- Semi-sweet Chocolate - 6 oz
- White Chocolate - 3 oz
- Distilled White Vinegar - 2 tbsp
- Salt and Pepper
- Chili Powder - 1 tsp
- Canola Oil - 4 oz